

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Checkpoint Name	AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance	12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta	12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
ALL	Time of Day	06:27	07:42	09:41	10:33	11:44	12:48	13:49	14:55	15:43	16:21	17:45	18:33	19:42	21:06	21:53	23:56	25:24	27:40	28:59:13
	Time Cum	02:27	03:42	05:41	06:33	07:44	08:48	09:49	10:55	11:43	12:21	13:45	14:33	15:42	17:06	17:53	19:56	21:24	23:40	24:59:13
AVG Males&Females	Time Delta	02:27	01:15	01:59	00:52	01:11	01:05	01:02	01:08	00:49	00:38	01:27	00:52	01:09	01:36	00:49	02:06	01:30	02:21	01:18:15
Age 45	Pace Cum	11:37	12:02	12:07	12:34	12:42	12:51	13:11	13:19	13:28	13:23	13:39	13:48	13:43	14:02	14:00	14:10	14:24	14:54	15:00
Group ALL	Pace Delta	11:37	12:56	12:18	16:48	13:27	14:28	17:22	15:14	16:23	12:08	17:11	18:37	12:50	21:21	14:09	16:27	18:46	23:08	16:39
Overall-Group	Position	118	119	119	119	118	113	114	110	110	107	102	98	97	89	87	80	81	77	77
ALL	Time of Day	05:43	06:30	07:45	08:18	09:01	09:44	10:20	11:07	11:40	12:01	13:00	13:34	14:15	15:30	16:11	17:21	18:21	19:40	20:26:12
	Time Cum	01:43	02:30	03:45	04:18	05:01	05:44	06:20	07:07	07:40	08:01	09:00	09:34	10:15	11:30	12:11	13:21	14:21	15:40	16:26:12
MIN Males&Females	Time Delta	01:43	00:47	01:14	00:33	00:43	00:43	00:36	00:46	00:30	00:21	00:52	00:34	00:32	00:57	00:30	01:10	00:52	01:16	00:46:12
Age 16	Pace Cum	08:07	08:06	07:59	08:15	08:13	08:22	08:30	08:41	08:49	08:41	08:56	09:04	08:57	09:26	09:32	09:29	09:39	09:52	09:52
Group ALL	Pace Delta	08:07	08:06	07:38	10:39	08:07	09:33	10:00	10:13	10:00	06:34	10:12	12:09	05:56	12:40	08:34	09:05	10:50	12:28	09:50
Overall-Group	Position	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
ALL	Time of Day	07:11	08:53	11:56	13:14	14:49	15:46	17:05	18:30	20:16	20:23	22:06	23:00	24:49	26:42	27:36	29:09	30:36	32:16	33:27:24
	Time Cum	03:11	04:53	07:56	09:14	10:49	11:46	13:05	14:30	16:16	16:23	18:06	19:00	20:49	22:42	23:36	25:09	26:36	28:16	29:27:24
MAX Males&Females	Time Delta	03:11	01:44	03:04	01:52	01:55	02:04	01:57	02:32	01:46	01:08	03:07	01:26	02:04	03:34	01:16	03:20	02:16	03:25	01:58:10
Age 69	Pace Cum	15:02	15:50	16:53	17:42	17:44	17:11	17:34	17:41	18:42	17:45	17:57	18:01	18:11	18:36	18:28	17:53	17:54	17:48	17:40
Group ALL	Pace Delta	15:02	17:56	18:58	36:08	21:42	27:33	32:30	33:47	35:20	21:15	36:40	30:43	22:58	47:33	21:43	25:58	28:20	33:36	25:09
Overall-Group	Position	240	239	240	238	235	227	229	220	214	203	198	194	178	173	160	160	153	152	152
ALL	Time of Day	06:27	07:41	09:40	10:31	11:42	12:45	13:47	14:53	15:41	16:18	17:41	18:27	19:35	20:58	21:43	23:43	25:13	27:26	28:45:05
	Time Cum	02:27	03:41	05:40	06:31	07:42	08:45	09:47	10:53	11:41	12:18	13:41	14:27	15:35	16:58	17:43	19:43	21:13	23:26	24:45:05
AVG Males	Time Delta	02:27	01:14	01:58	00:52	01:10	01:05	01:02	01:08	00:49	00:38	01:26	00:51	01:08	01:34	00:48	02:03	01:29	02:19	01:17:13
Age 47	Pace Cum	11:35	11:59	12:04	12:31	12:38	12:48	13:08	13:17	13:26	13:20	13:35	13:42	13:37	13:55	13:52	14:02	14:17	14:46	14:51
Group ALL	Pace Delta	11:35	12:52	12:13	16:47	13:23	14:30	17:23	15:13	16:26	12:04	16:56	18:24	12:37	21:03	13:50	16:05	18:41	22:51	16:26
Overall-Group	Position	115	116	116	116	115	111	112	108	108	105	100	95	93	86	83	76	77	73	73
ALL	Time of Day	05:43	06:30	07:45	08:18	09:01	09:44	10:20	11:07	11:40	12:01	13:00	13:34	14:15	15:30	16:11	17:21	18:21	19:40	20:26:12
	Time Cum	01:43	02:30	03:45	04:18	05:01	05:44	06:20	07:07	07:40	08:01	09:00	09:34	10:15	11:30	12:11	13:21	14:21	15:40	16:26:12
MIN Males	Time Delta	01:43	00:47	01:14	00:33	00:43	00:43	00:36	00:47	00:30	00:21	00:52	00:34	00:32	00:57	00:30	01:10	00:58	01:16	00:46:12
Age 16	Pace Cum	08:07	08:06	07:59	08:15	08:13	08:22	08:30	08:41	08:49	08:41	08:56	09:04	08:57	09:26	09:32	09:29	09:39	09:52	09:52
Group ALL	Pace Delta	08:07	08:06	07:38	10:39	08:07	09:33	10:00	10:27	10:00	06:34	10:12	12:09	05:56	12:40	08:34	09:05	12:05	12:28	09:50
Overall-Group	Position	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
ALL	Time of Day	07:11	08:53	11:56	13:14	14:49	15:46	17:05	18:30	20:16	20:23	22:06	23:00	24:49	26:42	27:36	29:09	30:10	32:14	33:17:54
	Time Cum	03:11	04:53	07:56	09:14	10:49	11:46	13:05	14:30	16:16	16:23	18:06	19:00	20:49	22:42	23:36	25:09	26:10	28:14	29:17:54
MAX Males	Time Delta	03:11	01:44	03:04	01:52	01:55	02:04	01:57	02:32	01:46	01:08	02:35	01:21	02:04	03:34	01:16	03:20	02:16	03:25	01:58:10
Age 69	Pace Cum	15:02	15:50	16:53	17:42	17:44	17:11	17:34	17:41	18:42	17:45	17:57	18:01	18:11	18:36	18:28	17:50	17:36	17:47	17:35
Group ALL	Pace Delta	15:02	17:56	18:58	36:08	21:42	27:33	32:30	33:47	35:20	21:15	30:24	28:56	22:58	47:33	21:43	25:58	28:20	33:36	25:09
Overall-Group	Position	240	239	240	238	235	227	229	220	220	214	203	198	194	178	173	159	158	152	151
ALL	Time of Day	06:29	07:45	09:48	10:40	11:53	12:55	13:57	15:02	15:50	16:30	17:58	18:52	20:04	21:32	22:25	24:35	26:00	28:22	29:44:23
	Time Cum	02:29	03:45	05:48	06:40	07:53	08:55	09:57	11:02	11:50	12:30	13:58	14:52	16:04	17:32	18:25	20:35	22:00	24:22	25:44:23
AVG Females	Time Delta	02:29	01:16	02:02	00:52	01:12	01:04	01:02	01:08	00:48	00:39	01:31	00:54	01:12	01:40	00:52	02:15	01:31	02:26	01:21:36
Age 40	Pace Cum	11:47	12:13	12:21	12:48	12:55	13:02	13:23	13:27	13:37	13:33	13:51	14:06	14:02	14:23	14:25	14:38	14:49	15:21	15:27
Group ALL	Pace Delta	11:47	13:08	12:37	16:53	13:40	14:22	17:18	15:18	16:15	12:23	17:59	19:18	13:30	22:17	15:08	17:37	19:01	24:01	17:22
Overall-Group	Position	128	128	131	129	128	120	121	116	116	113	109	108	107	99	99	93	92	89	90

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
<u>ALL</u>	Time of Day	05:47	06:40	08:06	08:41	09:29	10:14	10:52	11:38	12:09	12:34	13:35	14:09	14:43	15:52	16:29	17:42	18:34	20:00	20:52:33	
	Time Cum	01:47	02:40	04:06	04:41	05:29	06:14	06:52	07:38	08:09	08:34	09:35	10:09	10:43	11:52	12:29	13:42	14:34	16:00	16:52:33	
MIN	Females	Time Delta	01:47	00:53	01:26	00:35	00:48	00:45	00:38	00:46	00:31	00:25	01:01	00:34	00:34	01:08	00:37	01:13	00:52	01:26	00:50:37
Age 22		Pace Cum	08:26	08:39	08:43	08:59	08:59	09:06	09:13	09:19	09:22	09:17	09:30	09:37	09:22	09:44	09:46	09:44	09:48	10:04	10:08
Group ALL		Pace Delta	08:26	09:08	08:52	11:17	09:03	10:00	10:33	10:13	10:20	07:49	11:58	12:09	06:18	15:07	10:34	09:29	10:50	14:06	10:46
Overall-Group		Position	5	5	5	5	5	5	4	4	4	5	5	4	4	4	3	2	2	2	
<u>ALL</u>	Time of Day	07:08	08:40	11:10	12:21	13:45	15:15	16:35	17:39	18:36	19:25	21:14	22:19	23:48	25:31	26:40	29:09	30:36	32:16	33:27:24	
	Time Cum	03:08	04:40	07:10	08:21	09:45	11:15	12:35	13:39	14:36	15:25	17:14	18:19	19:48	21:31	22:40	25:09	26:36	28:16	29:27:24	
MAX	Females	Time Delta	03:08	01:32	02:37	01:14	01:38	01:30	01:33	01:32	01:00	00:54	03:07	01:26	02:01	02:39	01:14	03:17	02:05	03:24	01:53:43
Age 59		Pace Cum	14:48	15:08	15:15	16:00	15:59	16:25	16:53	16:39	16:47	16:42	17:05	17:22	17:18	17:38	17:44	17:53	17:54	17:48	17:40
Group ALL		Pace Delta	14:48	15:52	16:11	23:52	18:29	20:00	25:50	20:27	20:00	16:52	36:40	30:43	22:24	35:20	21:09	25:35	26:03	33:27	24:12
Overall-Group		Position	237	235	232	229	229	222	225	216	216	211	200	196	192	177	172	160	160	153	152
<u>FINS</u>	Time of Day	06:23	07:36	09:30	10:20	11:28	12:31	13:30	14:36	15:23	16:00	17:21	18:12	19:20	20:55	21:44	23:49	25:19	27:40	28:59:13	
	Time Cum	02:23	03:36	05:30	06:20	07:28	08:31	09:30	10:36	11:23	12:00	13:21	14:12	15:20	16:55	17:44	19:49	21:19	23:40	24:59:13	
AVG Males&Females		Time Delta	02:23	01:12	01:54	00:49	01:08	01:02	00:58	01:05	00:46	00:36	01:23	00:50	01:05	01:34	00:48	02:05	01:29	02:21	01:18:15
Age 44		Pace Cum	11:18	11:42	11:44	12:09	12:16	12:27	12:46	12:56	13:06	13:01	13:15	13:28	13:24	13:52	13:52	14:06	14:21	14:55	15:00
Group ALL		Pace Delta	11:18	12:34	11:49	15:54	12:57	13:58	16:23	14:36	15:38	11:33	16:25	18:02	12:08	21:01	13:57	16:19	18:38	23:09	16:39
Overall-Group		Position	102	104	103	102	101	98	98	96	96	93	89	87	87	85	83	78	79	77	77
<u>FINS</u>	Time of Day	05:43	06:30	07:45	08:18	09:01	09:44	10:20	11:07	11:40	12:01	13:00	13:34	14:15	15:30	16:11	17:21	18:21	19:40	20:26:12	
	Time Cum	01:43	02:30	03:45	04:18	05:01	05:44	06:20	07:07	07:40	08:01	09:00	09:34	10:15	11:30	12:11	13:21	14:21	15:40	16:26:12	
MIN Males&Females		Time Delta	01:43	00:47	01:15	00:33	00:43	00:43	00:36	00:46	00:30	00:21	00:53	00:34	00:32	00:57	00:30	01:10	00:52	01:16	00:46:12
Age 21		Pace Cum	08:07	08:06	07:59	08:15	08:13	08:22	08:30	08:41	08:49	08:41	08:56	09:04	08:57	09:26	09:32	09:29	09:39	09:52	09:52
Group ALL		Pace Delta	08:07	08:06	07:44	10:39	08:07	09:33	10:00	10:13	10:00	06:34	10:24	12:09	05:56	12:40	08:34	09:05	10:50	12:28	09:50
Overall-Group		Position	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
<u>FINS</u>	Time of Day	07:00	08:37	11:19	12:25	13:47	15:15	16:20	17:30	18:21	19:02	20:40	21:39	23:02	25:12	26:15	29:05	30:11	32:16	33:27:24	
	Time Cum	03:00	04:37	07:19	08:25	09:47	11:15	12:20	13:30	14:21	15:02	16:40	17:39	19:02	21:12	22:15	25:05	26:11	28:16	29:27:24	
MAX Males&Females		Time Delta	03:00	01:37	02:42	01:25	01:52	01:28	01:30	01:45	01:00	00:57	01:55	01:26	02:01	03:34	01:16	03:17	02:16	03:25	01:58:10
Age 69		Pace Cum	14:10	14:58	15:34	16:08	16:02	16:25	16:33	16:28	16:30	16:17	16:32	16:44	16:37	17:23	17:24	17:50	17:37	17:48	17:40
Group ALL		Pace Delta	14:10	16:43	16:42	27:25	21:08	19:33	25:00	23:20	20:00	17:49	22:33	30:43	22:24	47:33	21:43	25:35	28:20	33:36	25:09
Overall-Group		Position	231	232	235	235	230	222	223	212	213	207	198	195	187	171	171	159	159	153	152
<u>FINS</u>	Time of Day	06:22	07:35	09:29	10:18	11:26	12:30	13:29	14:35	15:21	15:58	17:18	18:08	19:16	20:49	21:37	23:39	25:08	27:27	28:45:05	
	Time Cum	02:22	03:35	05:29	06:18	07:26	08:30	09:29	10:35	11:21	11:58	13:18	14:08	15:16	16:49	17:37	19:39	21:08	23:27	24:45:05	
AVG Males		Time Delta	02:22	01:12	01:53	00:49	01:08	01:03	00:59	01:05	00:46	00:36	01:22	00:49	01:04	01:32	00:47	02:02	01:28	02:19	01:17:13
Age 46		Pace Cum	11:15	11:38	11:40	12:06	12:13	12:25	12:45	12:54	13:04	12:59	13:12	13:24	13:20	13:47	13:47	13:59	14:13	14:46	14:51
Group ALL		Pace Delta	11:15	12:30	11:44	15:55	12:55	14:01	16:30	14:35	15:37	11:29	16:09	17:50	11:56	20:39	13:42	15:56	18:31	22:53	16:26
Overall-Group		Position	99	100	99	100	99	97	97	95	94	91	87	84	84	82	80	75	75	73	73
<u>FINS</u>	Time of Day	05:43	06:30	07:45	08:18	09:01	09:44	10:20	11:07	11:40	12:01	13:00	13:34	14:15	15:30	16:11	17:21	18:21	19:40	20:26:12	
	Time Cum	01:43	02:30	03:45	04:18	05:01	05:44	06:20	07:07	07:40	08:01	09:00	09:34	10:15	11:30	12:11	13:21	14:21	15:40	16:26:12	
MIN Males		Time Delta	01:43	00:47	01:15	00:33	00:43	00:43	00:36	00:47	00:30	00:21	00:53	00:34	00:32	00:57	00:30	01:10	00:58	01:16	00:46:12
Age 21		Pace Cum	08:07	08:06	07:59	08:15	08:13	08:22	08:30	08:41	08:49	08:41	08:56	09:04	08:57	09:26	09:32	09:29	09:39	09:52	09:52
Group ALL		Pace Delta	08:07	08:06	07:44	10:39	08:07	09:33	10:00	10:27	10:00	06:34	10:24	12:09	05:56	12:40	08:34	09:05	12:05	12:28	09:50
Overall-Group		Position	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
FINS	Time of Day	07:00	08:37	11:19	12:25	13:47	15:15	16:20	17:30	18:21	19:01	20:25	21:30	22:59	25:12	26:15	29:05	30:10	32:13	33:17:54	
	Time Cum	03:00	04:37	07:19	08:25	09:47	11:15	12:20	13:30	14:21	15:01	16:25	17:30	18:59	21:12	22:15	25:05	26:10	28:13	29:17:54	
MAX	Males	Time Delta	03:00	01:37	02:42	01:25	01:52	01:28	01:30	01:45	01:00	00:57	01:55	01:11	01:36	03:34	01:16	03:03	02:16	03:25	01:58:10
Age 69		Pace Cum	14:10	14:58	15:34	16:08	16:02	16:25	16:33	16:28	16:30	16:16	16:17	16:35	16:35	17:23	17:24	17:50	17:36	17:46	17:35
Group ALL		Pace Delta	14:10	16:43	16:42	27:25	21:08	19:33	25:00	23:20	20:00	17:49	22:33	25:21	17:47	47:33	21:43	23:46	28:20	33:36	25:09
Overall-Group		Position	231	232	235	235	230	222	223	212	213	206	193	191	184	171	171	159	158	151	151
FINS	Time of Day	06:25	07:39	09:36	10:25	11:35	12:35	13:32	14:40	15:28	16:06	17:31	18:23	19:35	21:15	22:06	24:21	25:53	28:22	29:44:23	
	Time Cum	02:25	03:39	05:36	06:25	07:35	08:35	09:32	10:40	11:28	12:06	13:31	14:23	15:35	17:15	18:06	20:21	21:53	24:22	25:44:23	
AVG	Females	Time Delta	02:25	01:14	01:56	00:49	01:09	01:02	00:57	01:05	00:47	01:27	00:52	01:08	01:39	00:51	02:15	01:31	02:26	01:21:36	
Age 39		Pace Cum	11:29	11:53	11:56	12:20	12:26	12:33	12:49	13:01	13:07	13:25	13:39	13:37	14:08	14:10	14:28	14:43	15:21	15:27	
Group ALL		Pace Delta	11:29	12:47	12:02	15:50	13:06	13:48	16:00	14:37	15:43	11:47	17:12	18:38	12:44	22:10	14:45	17:32	19:02	24:01	17:22
Overall-Group		Position	114	114	112	109	108	102	101	100	100	97	95	93	95	93	89	90	89	90	
FINS	Time of Day	05:47	06:40	08:06	08:41	09:29	10:14	10:52	11:38	12:09	12:34	13:35	14:09	14:43	15:52	16:29	17:42	18:34	20:00	20:52:33	
	Time Cum	01:47	02:40	04:06	04:41	05:29	06:14	06:52	07:38	08:09	08:34	09:35	10:09	10:43	11:52	12:29	13:42	14:34	16:00	16:52:33	
MIN	Females	Time Delta	01:47	00:53	01:26	00:35	00:48	00:45	00:38	00:46	00:31	00:25	01:01	00:34	00:34	01:08	00:37	01:13	00:52	01:26	00:50:37
Age 22		Pace Cum	08:26	08:39	08:43	08:59	08:59	09:06	09:13	09:19	09:22	09:17	09:30	09:37	09:22	09:44	09:46	09:44	09:48	10:04	10:08
Group ALL		Pace Delta	08:26	09:08	08:52	11:17	09:03	10:00	10:33	10:13	10:20	07:49	11:58	12:09	06:18	15:07	10:34	09:29	10:50	14:06	10:46
Overall-Group		Position	5	5	5	5	5	5	4	4	4	5	5	4	4	4	3	2	2	2	
FINS	Time of Day	06:55	08:21	10:54	12:03	13:33	14:50	15:57	17:18	18:13	19:02	20:40	21:39	23:02	25:12	26:08	28:40	30:11	32:16	33:27:24	
	Time Cum	02:55	04:21	06:54	08:03	09:33	10:50	11:57	13:18	14:13	15:02	16:40	17:39	19:02	21:12	22:08	24:40	26:11	28:16	29:27:24	
MAX	Females	Time Delta	02:55	01:31	02:33	01:14	01:34	01:17	01:13	01:29	00:56	00:50	01:53	01:26	02:01	02:39	01:14	03:17	02:05	03:24	01:53:43
Age 59		Pace Cum	13:47	14:06	14:41	15:26	15:39	15:49	16:02	16:13	16:20	16:17	16:32	16:44	16:37	17:23	17:19	17:32	17:37	17:48	17:40
Group ALL		Pace Delta	13:47	15:41	15:46	23:52	17:44	17:07	20:17	19:47	18:40	15:37	22:09	30:43	22:24	35:20	21:09	25:35	26:03	33:27	24:12
Overall-Group		Position	218	212	225	226	222	216	215	210	211	207	198	195	187	171	169	158	159	153	152
nonFINS	Time of Day	06:34	07:53	10:00	10:56	12:12	13:18	14:26	15:36	16:28	17:09	18:48	19:41	21:01	22:15	22:59	25:42	27:01	26:28		
	Time Cum	02:34	03:53	06:00	06:56	08:12	09:18	10:26	11:36	12:28	13:09	14:48	15:41	17:01	18:15	18:59	21:42	23:01	22:28		
AVG	Males&Females	Time Delta	02:34	01:18	02:07	00:57	01:15	01:09	01:14	00:54	00:43	01:38	00:57	01:23	01:44	00:54	02:23	01:41	02:09		
Age 47		Pace Cum	12:11	12:36	12:48	13:19	13:28	13:36	14:02	14:09	14:20	14:41	14:53	14:52	14:58	14:52	15:26	15:29	14:09		
Group ALL		Pace Delta	12:11	13:34	13:10	18:24	14:20	15:24	19:16	16:38	18:06	13:31	19:14	20:32	15:24	23:19	15:33	18:40	21:07	21:09	
Overall-Group		Position	145	145	148	149	148	142	145	140	142	140	137	135	133	115	110	113	111	78	
nonFINS	Time of Day	05:43	06:30	07:45	08:18	09:03	09:47	10:29	11:20	11:52	12:20	13:12	13:49	14:31	15:41	16:20	17:50	19:00	20:43		
	Time Cum	01:43	02:30	03:45	04:18	05:03	05:47	06:29	07:20	07:52	08:20	09:12	09:49	10:31	11:41	12:20	13:50	15:00	16:43		
MIN	Males&Females	Time Delta	01:43	00:47	01:14	00:33	00:45	00:44	00:41	00:48	00:30	00:25	00:52	00:37	00:37	01:10	00:39	01:30	01:10	01:43	
Age 16		Pace Cum	08:07	08:06	07:59	08:15	08:17	08:27	08:42	08:57	09:03	09:02	09:07	09:18	09:11	09:35	09:39	09:50	10:05	10:31	
Group ALL		Pace Delta	08:07	08:06	07:38	10:39	08:29	09:47	11:23	10:40	10:00	07:49	10:12	13:13	06:51	15:33	11:09	11:41	14:35	16:53	
Overall-Group		Position	1	1	1	1	2	2	2	2	2	2	2	2	2	3	4	4	4		
nonFINS	Time of Day	07:11	08:53	11:56	13:14	14:49	15:46	17:05	18:30	20:16	20:23	22:06	23:00	24:49	26:42	27:36	29:09	30:36	32:14		
	Time Cum	03:11	04:53	07:56	09:14	10:49	11:46	13:05	14:30	16:16	16:23	18:06	19:00	20:49	22:42	23:36	25:09	26:36	28:14		
MAX	Males&Females	Time Delta	03:11	01:44	03:04	01:52	01:55	02:04	01:57	02:32	01:46	01:08	03:07	01:21	02:04	02:34	01:09	03:20	02:14	02:35	
Age 68		Pace Cum	15:02	15:50	16:53	17:42	17:44	17:11	17:34	17:41	18:42	17:45	17:57	18:01	18:11	18:36	18:28	17:53	17:54	17:47	
Group ALL		Pace Delta	15:02	17:56	18:58	36:08	21:42	27:33	32:30	33:47	35:20	21:15	36:40	28:56	22:58	34:13	19:43	25:58	27:55	25:25	
Overall-Group		Position	240	239	240	238	235	227	229	220	220	214	203	198	194	178	173	160	160	152	

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
nonFINS		Time of Day	06:33	07:51	09:57	10:52	12:07	13:12	14:19	15:29	16:20	17:01	18:39	19:27	20:45	21:54	22:29	24:47	26:30	26:28	
		Time Cum	02:33	03:51	05:57	06:52	08:07	09:12	10:19	11:29	12:20	13:01	14:39	15:27	16:45	17:54	18:29	20:47	22:30	22:28	
AVG	Males	Time Delta	02:33	01:18	02:05	00:56	01:15	01:08	01:14	00:54	00:42	01:36	00:56	01:21	01:45	00:51	02:22	01:43	02:09		
Age 48		Pace Cum	12:07	12:31	12:41	13:11	13:19	13:27	13:51	14:00	14:12	14:07	14:32	14:39	14:38	14:41	14:28	14:47	15:08	14:09	
Group ALL		Pace Delta	12:07	13:28	12:59	18:11	14:10	15:19	18:59	16:28	18:07	13:21	18:53	20:13	15:06	23:25	14:50	18:31	21:33	21:09	
Overall-Group		Position	141	141	142	143	142	137	139	135	137	135	132	128	127	109	101	100	104	78	
nonFINS		Time of Day	05:43	06:30	07:45	08:18	09:03	09:47	10:29	11:20	11:52	12:20	13:12	13:49	14:31	15:41	16:20	17:50	19:00	20:43	
		Time Cum	01:43	02:30	03:45	04:18	05:03	05:47	06:29	07:20	07:52	08:20	09:12	09:49	10:31	11:41	12:20	13:50	15:00	16:43	
MIN	Males	Time Delta	01:43	00:47	01:14	00:33	00:45	00:44	00:41	00:48	00:30	00:25	00:52	00:37	00:37	01:10	00:39	01:30	01:10	01:43	
Age 16		Pace Cum	08:07	08:06	07:59	08:15	08:17	08:27	08:42	08:57	09:03	09:02	09:07	09:18	09:11	09:35	09:39	09:50	10:05	10:31	
Group ALL		Pace Delta	08:07	08:06	07:38	10:39	08:29	09:47	11:23	10:40	10:00	07:49	10:12	13:13	06:51	15:33	11:09	11:41	14:35	16:53	
Overall-Group		Position	1	1	1	1	2	2	2	2	2	2	2	2	2	3	4	4	4	4	
nonFINS		Time of Day	07:11	08:53	11:56	13:14	14:49	15:46	17:05	18:30	20:16	20:23	22:06	23:00	24:49	26:42	27:36	28:18	29:55	32:14	
		Time Cum	03:11	04:53	07:56	09:14	10:49	11:46	13:05	14:30	16:16	16:23	18:06	19:00	20:49	22:42	23:36	24:18	25:55	28:14	
MAX	Males	Time Delta	03:11	01:44	03:04	01:52	01:55	02:04	01:57	02:32	01:46	01:08	02:35	01:21	02:04	02:34	01:06	03:20	02:14	02:35	
Age 68		Pace Cum	15:02	15:50	16:53	17:42	17:44	17:11	17:34	17:41	18:42	17:45	17:57	18:01	18:11	18:36	18:28	17:16	17:26	17:47	
Group ALL		Pace Delta	15:02	17:56	18:58	36:08	21:42	27:33	32:30	33:47	35:20	21:15	30:24	28:56	22:58	34:13	18:51	25:58	27:55	25:25	
Overall-Group		Position	240	239	240	238	235	227	229	220	214	203	198	194	178	173	155	157	152		
nonFINS		Time of Day	06:39	08:00	10:16	11:17	12:37	13:47	15:01	16:12	17:06	17:45	19:25	20:25	21:51	23:19	24:20	28:53	30:36		
		Time Cum	02:39	04:00	06:16	07:17	08:37	09:47	11:01	12:12	13:06	13:45	15:25	16:25	17:51	19:19	20:20	24:53	26:36		
AVG	Females	Time Delta	02:39	01:21	02:16	01:00	01:19	01:11	01:14	01:18	00:54	00:45	01:45	01:00	01:28	01:43	01:01	02:28	01:27		
Age 43		Pace Cum	12:32	13:00	13:22	13:58	14:07	14:17	14:47	14:53	15:04	14:54	15:18	15:35	15:36	15:50	15:55	17:42	17:54		
Group ALL		Pace Delta	12:32	14:02	14:04	19:28	15:03	15:50	20:34	17:31	18:04	14:15	20:36	21:31	16:22	23:02	17:26	19:13	18:08		
Overall-Group		Position	163	164	176	177	176	168	172	168	169	161	156	156	152	136	134	158	160		
nonFINS		Time of Day	06:16	07:25	09:23	10:09	11:13	12:13	13:16	14:12	14:54	15:30	16:50	17:40	18:39	19:58	20:52	28:38	30:36		
		Time Cum	02:16	03:25	05:23	06:09	07:13	08:13	09:16	10:12	10:54	11:30	12:50	13:40	14:39	15:58	16:52	24:38	26:36		
MIN	Females	Time Delta	02:16	01:09	01:51	00:44	01:04	01:00	00:56	00:56	00:42	00:34	01:16	00:46	00:59	01:19	00:54	02:27	01:27		
Age 27		Pace Cum	10:43	11:05	11:27	11:47	11:50	12:00	12:26	12:26	12:32	12:27	12:44	12:57	12:48	13:05	13:12	17:31	17:54		
Group ALL		Pace Delta	10:43	11:54	11:27	14:12	12:05	13:20	15:33	12:27	14:00	10:37	14:54	16:26	10:56	17:33	15:26	19:05	18:08		
Overall-Group		Position	71	70	76	75	69	67	70	65	64	60	62	58	57	55	57	157	160		
nonFINS		Time of Day	07:08	08:40	11:10	12:21	13:45	15:15	16:35	17:39	18:36	19:25	21:14	22:19	23:48	25:31	26:40	29:09	30:36		
		Time Cum	03:08	04:40	07:10	08:21	09:45	11:15	12:35	13:39	14:36	15:25	17:14	18:19	19:48	21:31	22:40	25:09	26:36		
MAX	Females	Time Delta	03:08	01:32	02:37	01:14	01:38	01:30	01:33	01:32	01:00	00:54	03:07	01:11	01:58	01:57	01:09	02:29	01:27		
Age 57		Pace Cum	14:48	15:08	15:15	16:00	15:59	16:25	16:53	16:39	16:47	16:42	17:05	17:22	17:18	17:38	17:44	17:53	17:54		
Group ALL		Pace Delta	14:48	15:52	16:11	23:52	18:29	20:00	25:50	20:27	20:00	16:52	36:40	25:21	21:51	26:00	19:43	19:21	18:08		
Overall-Group		Position	237	235	232	229	229	222	225	216	216	211	200	196	192	177	172	160	160		
FINS		Time of Day	06:19	07:30	09:24	10:14	11:24	12:28	13:27	14:40	15:29	16:08	17:39	18:32	19:45	21:26	22:23	24:41	26:00	28:14	29:35:42
		Time Cum	02:19	03:30	05:24	06:14	07:24	08:28	09:27	10:40	11:29	12:08	13:39	14:32	15:45	17:26	18:23	20:41	22:00	24:14	25:35:42
AVG	Females	Time Delta	02:19	01:10	01:54	00:50	01:10	01:03	00:59	01:12	00:48	00:39	01:31	00:52	01:12	01:41	00:57	02:17	01:19	02:13	01:21:30
Age 26		Pace Cum	11:00	11:21	11:30	11:58	12:09	12:22	12:42	13:01	13:12	13:08	13:33	13:47	13:45	14:17	14:23	14:42	14:48	15:16	15:21
Group F20-29		Pace Delta	11:00	12:06	11:47	16:11	13:12	14:11	16:30	16:05	16:16	12:11	18:00	18:51	13:24	22:27	16:24	17:52	16:33	21:56	17:20
Overall-Group		Position	86	87	90	93	92	90	93	95	95	94	94	93	93	93	95	93	90	85	86

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
<u>FINS</u>	Time of Day	05:55	06:51	08:21	08:59	09:56	10:54	11:54	13:02	13:43	14:13	15:34	16:17	17:14	18:36	19:28	21:19	22:32	24:45	25:48:22	
	Time Cum	01:55	02:51	04:21	04:59	05:56	06:54	07:54	09:02	09:43	10:13	11:34	12:17	13:14	14:36	15:28	17:19	18:32	20:45	21:48:22	
MIN	Females	Time Delta	01:55	00:56	01:30	00:38	00:57	00:58	00:55	00:41	00:30	01:21	00:43	00:57	01:22	00:52	01:47	01:11	01:51	01:01:40	
Age 22		Pace Cum	09:03	09:15	09:15	09:33	09:44	10:04	10:36	11:01	11:10	11:04	11:28	11:39	11:33	11:58	12:06	12:19	12:28	13:04	13:05
Group F20-29		Pace Delta	09:03	09:39	09:17	12:15	10:45	12:53	15:17	12:13	13:40	09:22	15:53	15:21	10:33	18:13	14:51	13:54	14:48	18:12	13:07
Overall-Group		Position	9	9	9	11	12	12	20	26	26	23	24	20	20	23	28	29	30	30	29
<u>FINS</u>	Time of Day	06:55	08:21	10:54	12:03	13:33	14:50	15:57	17:18	18:13	19:02	20:40	21:39	23:02	24:47	25:41	27:59	29:29	31:38	32:46:55	
	Time Cum	02:55	04:21	06:54	08:03	09:33	10:50	11:57	13:18	14:13	15:02	16:40	17:39	19:02	20:47	21:41	23:59	25:29	27:38	28:46:55	
MAX	Females	Time Delta	02:55	01:26	02:33	01:09	01:30	01:17	01:07	01:26	00:55	00:49	01:38	00:59	01:23	01:51	01:11	03:10	01:32	02:36	01:53:43
Age 29		Pace Cum	13:47	14:06	14:41	15:26	15:39	15:49	16:02	16:13	16:20	16:17	16:32	16:44	16:37	17:02	16:58	17:03	17:08	17:24	17:16
Group F20-29		Pace Delta	13:47	14:50	15:46	22:15	16:59	17:07	18:37	19:07	18:20	15:19	19:13	21:04	15:22	24:40	20:17	24:41	19:10	25:34	24:12
Overall-Group		Position	218	212	225	226	222	216	215	210	211	207	198	195	187	169	164	152	149	140	139
<u>nonFINS</u>	Time of Day	06:16	07:25	10:02	11:02	12:29	13:45	14:59	16:12	17:01	17:53	19:44	20:55								
	Time Cum	02:16	03:25	06:02	07:02	08:29	09:45	10:59	12:12	13:01	13:53	15:44	16:55								
AVG	Females	Time Delta	02:16	01:09	02:37	01:00	01:27	01:16	01:14	01:13	00:49	00:52	01:51	01:11							
Age 27		Pace Cum	10:43	11:05	12:50	13:29	13:54	14:14	14:45	14:53	14:58	15:02	15:36	16:02							
Group F20-29		Pace Delta	10:43	11:54	16:11	19:21	16:25	16:53	20:33	16:13	16:20	16:15	21:46	25:21							
Overall-Group		Position	71	70	163	167	180	176	187	179	177	180	174	178							
<u>nonFINS</u>	Time of Day	06:16	07:25	10:02	11:02	12:29	13:45	14:59	16:12	17:01	17:53	19:44	20:55								
	Time Cum	02:16	03:25	06:02	07:02	08:29	09:45	10:59	12:12	13:01	13:53	15:44	16:55								
MIN	Females	Time Delta	02:16	01:09	02:37	01:00	01:27	01:16	01:14	01:13	00:49	00:52	01:51	01:11							
Age 27		Pace Cum	10:43	11:05	12:50	13:29	13:54	14:14	14:45	14:53	14:58	15:02	15:36	16:02							
Group F20-29		Pace Delta	10:43	11:54	16:11	19:21	16:25	16:53	20:33	16:13	16:20	16:15	21:46	25:21							
Overall-Group		Position	71	70	163	167	180	176	187	179	177	180	174	178							
<u>nonFINS</u>	Time of Day	06:16	07:25	10:02	11:02	12:29	13:45	14:59	16:12	17:01	17:53	19:44	20:55								
	Time Cum	02:16	03:25	06:02	07:02	08:29	09:45	10:59	12:12	13:01	13:53	15:44	16:55								
MAX	Females	Time Delta	02:16	01:09	02:37	01:00	01:27	01:16	01:14	01:13	00:49	00:52	01:51	01:11							
Age 27		Pace Cum	10:43	11:05	12:50	13:29	13:54	14:14	14:45	14:53	14:58	15:02	15:36	16:02							
Group F20-29		Pace Delta	10:43	11:54	16:11	19:21	16:25	16:53	20:33	16:13	16:20	16:15	21:46	25:21							
Overall-Group		Position	71	70	163	167	180	176	187	179	177	180	174	178							
<u>FINS</u>	Time of Day	06:24	07:38	09:34	10:23	11:32	12:29	13:26	14:36	15:22	15:59	17:20	18:13	19:30	21:11	21:59	24:10	25:45	28:18	29:36:49	
	Time Cum	02:24	03:38	05:34	06:23	07:32	08:29	09:26	10:36	11:22	11:59	13:20	14:13	15:30	17:11	17:59	20:10	21:45	24:18	25:36:49	
AVG	Females	Time Delta	02:24	01:14	01:55	00:49	01:08	01:01	00:56	01:04	00:46	00:37	01:27	00:53	01:09	01:40	00:49	02:11	01:31	02:26	01:18:29
Age 35		Pace Cum	11:22	11:50	11:52	12:15	12:21	12:24	12:40	12:56	13:04	12:59	13:14	13:29	13:33	14:06	14:05	14:21	14:38	15:18	15:22
Group F30-39		Pace Delta	11:22	12:51	11:55	15:52	12:58	13:38	15:38	14:26	15:24	11:43	17:09	19:01	12:53	22:24	14:10	17:01	19:09	24:01	16:42
Overall-Group		Position	109	112	108	107	105	97	96	98	97	94	89	90	94	93	91	87	89	89	89
<u>FINS</u>	Time of Day	05:50	06:45	08:15	08:51	09:43	10:28	11:08	11:58	12:33	13:03	14:04	14:42	15:23	16:31	17:10	18:36	19:38	21:15	22:18:49	
	Time Cum	01:50	02:45	04:15	04:51	05:43	06:28	07:08	07:58	08:33	09:03	10:04	10:42	11:23	12:31	13:10	14:36	15:38	17:15	18:18:49	
MIN	Females	Time Delta	01:50	00:55	01:30	00:36	00:52	00:45	00:40	00:48	00:35	00:30	01:01	00:37	00:40	01:08	00:38	01:26	01:02	01:37	00:50:37
Age 31		Pace Cum	08:40	08:55	09:03	09:18	09:22	09:26	09:34	09:43	09:50	09:48	09:59	10:09	09:57	10:16	10:18	10:23	10:31	10:52	10:59
Group F30-39		Pace Delta	08:40	09:29	09:17	11:37	09:49	10:00	11:07	10:40	11:40	09:22	11:58	13:13	07:24	15:07	10:51	11:10	12:55	15:54	10:46
Overall-Group		Position	8	8	8	8	8	7	7	7	7	7	6	6	6	6	5	5	6	6	5

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Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS		
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00		
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70		
FINS	Time of Day	06:50	08:14	10:35	11:36	12:57	14:12	15:17	16:38	17:31	18:13	19:56	20:50	22:51	25:12	26:08	28:40	30:11	32:16	33:27:24		
	Time Cum	02:50	04:14	06:35	07:36	08:57	10:12	11:17	12:38	13:31	14:13	15:56	16:50	18:51	21:12	22:08	24:40	26:11	28:16	29:27:24		
MAX	Females	Time Delta	02:50	01:31	02:21	01:14	01:34	01:15	01:06	01:29	00:56	00:50	01:49	01:26	02:01	02:39	01:14	03:01	02:05	03:24	01:51:22	
Age 39		Pace Cum	13:23	13:44	14:00	14:34	14:40	14:53	15:09	15:24	15:32	15:48	15:57	16:28	17:23	17:19	17:32	17:37	17:48	17:40		
Group F30-39		Pace Delta	13:23	15:41	14:32	23:52	17:44	16:40	18:20	19:47	18:40	15:37	21:22	30:43	22:24	35:20	21:09	23:30	26:03	33:27	23:42	
Overall-Group		Position	206	205	210	212	211	204	199	196	199	193	179	177	180	171	169	158	159	153	152	
nonFINS	Time of Day	06:37	07:59	10:09	11:08	12:23	13:32	14:43	16:06	16:57	17:21	18:49	19:45	21:13	23:16	24:13	28:38					
	Time Cum	02:37	03:59	06:09	07:08	08:23	09:32	10:43	12:06	12:57	13:21	14:49	15:45	17:13	19:16	20:13	24:38					
AVG	Females	Time Delta	02:37	01:22	02:09	00:58	01:15	01:08	01:11	01:12	00:51	00:42	01:28	00:56	01:28	01:42	00:57	02:27				
Age 33		Pace Cum	12:26	12:58	13:06	13:41	13:46	13:55	14:24	14:46	14:54	14:27	14:42	14:56	15:03	15:48	15:49	17:31				
Group F30-39		Pace Delta	12:26	14:08	13:22	18:58	14:16	15:09	19:50	16:00	17:00	13:12	17:15	20:00	16:23	22:40	16:29	19:05				
Overall-Group		Position	155	162	165	167	162	156	159	158	158	142	135	132	133	130	129	157				
nonFINS	Time of Day	06:23	07:34	09:25	10:10	11:15	12:16	13:16	14:12	14:54	15:30	16:50	17:40	18:39	19:58	20:52	28:38					
	Time Cum	02:23	03:34	05:25	06:10	07:15	08:16	09:16	10:12	10:54	11:30	12:50	13:40	14:39	15:58	16:52	24:38					
MIN	Females	Time Delta	02:23	01:11	01:51	00:45	01:05	01:01	00:56	00:56	00:42	00:35	01:20	00:50	00:59	01:19	00:54	02:27				
Age 30		Pace Cum	11:16	11:34	11:31	11:49	11:53	12:04	12:26	12:26	12:32	12:27	12:44	12:57	12:48	13:05	13:12	17:31				
Group F30-39		Pace Delta	11:16	12:14	11:27	14:31	12:16	13:33	15:33	12:27	14:00	10:56	15:41	17:51	10:56	17:33	15:26	19:05				
Overall-Group		Position	99	86	80	76	72	69	70	65	64	60	62	58	57	55	57	157				
nonFINS	Time of Day	06:52	08:23	10:47	11:48	13:12	14:25	15:47	17:05	18:00	18:48	20:20	21:23	23:15	25:12	26:11	28:38					
	Time Cum	02:52	04:23	06:47	07:48	09:12	10:25	11:47	13:05	14:00	14:48	16:20	17:23	19:15	21:12	22:11	24:38					
MAX	Females	Time Delta	02:52	01:31	02:30	01:10	01:29	01:15	01:24	01:22	00:56	00:50	01:32	01:03	01:58	01:57	01:00	02:27				
Age 38		Pace Cum	13:33	14:13	14:26	14:57	15:05	15:12	15:49	15:57	16:06	16:02	16:12	16:29	16:49	17:23	17:21	17:31				
Group F30-39		Pace Delta	13:33	15:41	15:28	22:35	16:48	16:40	23:20	18:13	18:40	15:37	18:02	22:30	21:51	26:00	17:09	19:05				
Overall-Group		Position	212	220	221	219	215	208	210	205	205	202	188	188	190	171	170	157				
FINS	Time of Day	06:28	07:43	09:39	10:28	11:35	12:36	13:30	14:35	15:26	16:03	17:30	18:21	19:27	21:02	21:54	24:14	25:48	28:16	29:40:19		
	Time Cum	02:28	03:43	05:39	06:28	07:35	08:36	09:30	10:35	11:26	12:03	13:30	14:21	15:27	17:02	17:54	20:14	21:48	24:16	25:40:19		
AVG	Females	Time Delta	02:28	01:14	01:56	00:48	01:07	01:01	00:56	01:05	00:47	00:37	01:27	00:51	01:06	01:34	00:51	02:19	01:34	02:27	01:24:13	
Age 44		Pace Cum	11:42	12:04	12:03	12:24	12:27	12:34	12:46	12:55	13:09	13:04	13:24	13:37	13:31	13:58	14:00	14:23	14:40	15:17	15:24	
Group F40-49		Pace Delta	11:42	12:53	12:01	15:33	12:44	13:37	15:33	14:32	15:44	11:44	17:05	18:13	12:14	20:59	14:48	18:10	19:45	24:09	17:55	
Overall-Group		Position	127	124	118	113	109	103	99	98	100	98	96	94	93	90	90	88	90	88	91	
FINS	Time of Day	05:47	06:40	08:06	08:41	09:29	10:14	10:52	11:38	12:09	12:34	13:35	14:09	14:43	15:52	16:29	17:42	18:34	20:00	20:52:33		
	Time Cum	01:47	02:40	04:06	04:41	05:29	06:14	06:52	07:38	08:09	08:34	09:35	10:09	10:43	11:52	12:29	13:42	14:34	16:00	16:52:33		
MIN	Females	Time Delta	01:47	00:53	01:26	00:35	00:48	00:45	00:38	00:46	00:31	00:25	00:34	00:34	01:09	00:37	01:13	00:52	01:26	00:52:33		
Age 41		Pace Cum	08:26	08:39	08:43	08:59	08:59	09:06	09:13	09:19	09:22	09:17	09:30	09:37	09:22	09:44	09:46	09:44	09:48	10:04	10:08	
Group F40-49		Pace Delta	08:26	09:08	08:52	11:17	09:03	10:00	10:33	10:13	10:20	07:49	11:58	12:09	06:18	15:20	10:34	09:29	10:50	14:06	11:11	
Overall-Group		Position	5	5	5	5	5	5	5	4	4	4	5	5	4	4	4	3	2	2	2	
FINS	Time of Day	06:40	08:03	10:22	11:27	12:49	13:55	14:56	16:24	17:16	17:58	19:40	20:30	21:40	23:17	24:11	27:25	29:09	31:37	32:54:49		
	Time Cum	02:40	04:03	06:22	07:27	08:49	09:55	10:56	12:24	13:16	13:58	15:40	16:30	17:40	19:17	20:11	23:25	25:09	27:37	28:54:49		
MAX	Females	Time Delta	02:40	01:23	02:19	01:05	01:22	01:10	01:13	01:28	00:56	00:43	01:53	00:58	01:44	01:56	01:01	03:17	02:02	02:43	01:40:18	
Age 49		Pace Cum	12:36	13:08	13:33	14:17	14:27	14:29	14:41	15:07	15:15	15:08	15:32	15:38	15:26	15:48	15:47	16:39	16:55	17:23	17:21	
Group F40-49		Pace Delta	12:36	14:19	14:20	20:58	15:28	15:33	20:17	19:33	18:40	13:26	22:09	20:43	19:16	25:47	17:26	25:35	25:25	26:43	21:20	
Overall-Group		Position	180	185	194	202	205	187	180	190	190	182	171	169	165	150	147	145	145	139	143	

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Runner Splits

Checkpoint Name	AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS		
Checkpoint Distance	12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00		
Checkpoint Delta	12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70		
nonFINS	Time of Day	06:39	08:02	10:22	11:26	12:49	13:59	15:22	16:32	17:30	18:18	20:25	21:28	23:04	25:31	26:40	29:09	30:36			
	Time Cum	02:39	04:02	06:22	07:26	08:49	09:59	11:22	12:32	13:30	14:18	16:25	17:28	19:04	21:31	22:40	25:09	26:36			
AVG	Females	Time Delta	02:39	01:22	02:20	01:03	01:23	01:11	01:22	01:24	00:58	00:48	02:12	01:02	01:36	01:43	01:09	02:29	01:27		
Age 47	Pace Cum	12:32	13:05	13:34	14:15	14:28	14:35	15:16	15:17	15:31	15:30	16:17	16:34	16:40	17:38	17:44	17:53	17:54			
Group F40-49	Pace Delta	12:32	14:17	14:29	20:35	15:47	15:47	22:59	18:43	19:20	15:09	26:01	22:23	17:50	22:53	19:43	19:21	18:08			
Overall-Group	Position	169	172	185	188	186	175	184	180	183	181	187	186	183	177	172	160	160			
nonFINS	Time of Day	06:21	07:31	09:23	10:09	11:13	12:13	13:30	14:53	15:53	16:40	19:47	20:45	22:25	25:31	26:40	29:09	30:36			
	Time Cum	02:21	03:31	05:23	06:09	07:13	08:13	09:30	10:53	11:53	12:40	15:47	16:45	18:25	21:31	22:40	25:09	26:36			
MIN	Females	Time Delta	02:21	01:10	01:52	00:46	01:04	01:00	01:16	01:20	00:56	00:47	01:42	00:58	01:29	01:43	01:09	02:29	01:27		
Age 44	Pace Cum	11:06	11:24	11:27	11:47	11:50	12:00	12:45	13:16	13:40	13:43	15:39	15:53	16:05	17:38	17:44	17:53	17:54			
Group F40-49	Pace Delta	11:06	12:04	11:33	14:50	12:05	13:20	21:07	17:47	18:40	14:41	20:00	20:43	16:29	22:53	19:43	19:21	18:08			
Overall-Group	Position	79	76	76	75	69	67	88	104	113	118	177	175	173	177	172	160	160			
nonFINS	Time of Day	06:49	08:16	10:50	12:03	13:33	14:54	16:19	17:39	18:36	19:25	21:14	22:19	23:48	25:31	26:40	29:09	30:36			
	Time Cum	02:49	04:16	06:50	08:03	09:33	10:54	12:19	13:39	14:36	15:25	17:14	18:19	19:48	21:31	22:40	25:09	26:36			
MAX	Females	Time Delta	02:49	01:30	02:34	01:14	01:38	01:21	01:33	01:32	01:00	00:50	03:07	01:05	01:40	01:43	01:09	02:29	01:27		
Age 49	Pace Cum	13:18	13:50	14:32	15:26	15:39	15:55	16:32	16:39	16:47	16:42	17:05	17:22	17:18	17:38	17:44	17:53	17:54			
Group F40-49	Pace Delta	13:18	15:31	15:53	23:52	18:29	18:00	25:50	20:27	20:00	15:37	36:40	23:13	18:31	22:53	19:43	19:21	18:08			
Overall-Group	Position	203	206	223	226	222	217	222	216	211	200	196	192	177	172	160	160				
FINS	Time of Day	06:31	07:46	09:49	10:39	11:54	12:59	14:02	15:04	15:53	16:31	17:56	18:47	19:55	21:42	22:33	24:47	26:21	28:59	30:24:40	
	Time Cum	02:31	03:46	05:49	06:39	07:54	08:59	10:02	11:04	11:53	12:31	13:56	14:47	15:55	17:42	18:33	20:47	22:21	24:59	26:24:40	
AVG	Females	Time Delta	02:31	01:15	02:03	00:49	01:15	01:04	01:02	01:02	00:48	00:37	01:25	00:50	01:08	01:46	00:51	02:14	01:34	02:37	01:25:16
Age 54	Pace Cum	11:54	12:14	12:23	12:45	12:58	13:07	13:28	13:31	13:40	13:34	13:50	14:01	13:55	14:31	14:31	14:47	15:03	15:44	15:51	
Group F50-59	Pace Delta	11:54	12:58	12:42	16:04	14:16	14:19	17:27	13:57	16:12	11:45	16:47	18:09	12:38	23:41	14:45	17:24	19:35	25:50	18:08	
Overall-Group	Position	130	125	132	125	132	126	125	115	116	111	107	103	101	103	102	95	95	94	94	
FINS	Time of Day	06:21	07:33	09:27	10:16	11:33	12:31	13:33	14:29	15:13	15:47	17:01	17:45	18:46	20:14	21:01	22:56	24:16	26:32	27:40:30	
	Time Cum	02:21	03:33	05:27	06:16	07:33	08:31	09:33	10:29	11:13	11:47	13:01	13:45	14:46	16:14	17:01	18:56	20:16	22:32	23:40:30	
MIN	Females	Time Delta	02:21	01:11	01:54	00:48	01:08	00:58	00:59	00:56	00:44	00:34	01:14	00:44	01:01	01:28	00:42	01:39	01:13	02:11	01:08:30
Age 50	Pace Cum	11:06	11:31	11:36	12:01	12:23	12:26	12:49	12:47	12:54	12:46	12:55	13:02	12:54	13:18	13:19	13:28	13:38	14:11	14:12	
Group F50-59	Pace Delta	11:06	12:14	11:45	15:29	12:50	12:53	16:23	12:27	14:40	10:37	14:31	15:43	11:18	19:33	12:00	12:51	15:13	21:29	14:34	
Overall-Group	Position	79	81	83	82	99	90	94	78	79	73	67	65	63	63	64	58	58	57	56	
FINS	Time of Day	06:41	08:01	10:07	10:59	12:15	13:20	14:29	15:28	16:19	16:57	18:29	19:22	20:35	22:55	23:55	26:29	28:27	31:15	32:35:52	
	Time Cum	02:41	04:01	06:07	06:59	08:15	09:20	10:29	11:28	12:19	12:57	14:29	15:22	16:35	18:55	19:55	22:29	24:27	27:15	28:35:52	
MAX	Females	Time Delta	02:41	01:20	02:11	00:52	01:25	01:09	01:11	01:07	00:51	00:41	01:32	00:53	01:13	02:20	01:00	02:39	01:58	02:57	01:39:45
Age 59	Pace Cum	12:41	13:02	13:01	13:23	13:31	13:38	14:04	13:59	14:09	14:02	14:22	14:34	14:29	15:30	15:35	15:59	16:27	17:09	17:10	
Group F50-59	Pace Delta	12:41	13:48	13:30	16:46	16:02	15:20	19:43	14:53	17:00	12:49	18:02	18:56	13:31	31:07	17:09	20:39	24:35	29:01	21:13	
Overall-Group	Position	182	176	172	162	161	152	156	140	141	135	130	125	121	141	140	130	134	134	129	
nonFINS	Time of Day	06:46	08:08	10:23	11:21	12:39	13:53	15:02	15:52	16:46	17:30	19:08	20:08	21:28	22:19	23:21					
	Time Cum	02:46	04:08	06:23	07:21	08:39	09:53	11:02	11:52	12:46	13:30	15:08	16:08	17:28	18:19	19:21					
AVG	Females	Time Delta	02:46	01:22	02:14	00:58	01:18	01:14	01:08	01:20	00:54	00:44	01:38	01:00	01:20	01:46	01:02				
Age 54	Pace Cum	13:05	13:25	13:35	14:06	14:11	14:27	14:49	14:28	14:40	14:37	15:01	15:18	15:16	15:01	15:08					
Group F50-59	Pace Delta	13:05	14:08	13:54	18:43	14:48	16:30	19:06	17:51	18:00	13:45	19:17	21:26	14:53	23:40	17:43					
Overall-Group	Position	186	180	182	179	179	173	174	159	160	155	149	150	147	122	123					

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Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
nonFINS		Time of Day	06:34	07:52	09:54	10:38	11:51	12:54	13:53	15:16	16:04	16:38	17:54	18:40	19:43	21:20	22:16				
		Time Cum	02:34	03:52	05:54	06:38	07:51	08:54	09:53	11:16	12:04	12:38	13:54	14:40	15:43	17:20	18:16				
MIN	Females	Time Delta	02:34	01:15	02:02	00:44	01:13	01:03	00:59	01:17	00:48	00:34	01:16	00:46	01:02	01:37	00:56				
Age 50		Pace Cum	12:08	12:32	12:33	12:43	12:52	13:00	13:16	13:44	13:52	13:41	13:47	13:54	13:44	14:12	14:17				
Group F50-59		Pace Delta	12:08	12:56	12:35	14:12	13:46	14:00	16:23	17:07	16:00	10:37	14:54	16:26	11:29	21:33	16:00				
Overall-Group		Position	144	142	139	124	123	117	116	127	125	115	105	100	97	94	94				
nonFINS		Time of Day	07:08	08:40	11:10	12:21	13:45	15:15	16:35	16:30	17:30	18:24	20:14	21:25	23:21	23:18	24:26				
		Time Cum	03:08	04:40	07:10	08:21	09:45	11:15	12:35	12:30	13:30	14:24	16:14	17:25	19:21	19:18	20:26				
MAX	Females	Time Delta	03:08	01:32	02:30	01:11	01:24	01:30	01:20	01:23	01:00	00:54	01:50	01:11	01:56	01:56	01:08				
Age 57		Pace Cum	14:48	15:08	15:15	16:00	15:59	16:25	16:53	15:15	15:31	15:36	16:06	16:31	16:54	15:49	15:59				
Group F50-59		Pace Delta	14:48	15:52	15:28	22:54	15:51	20:00	22:13	18:27	20:00	16:52	21:34	25:21	21:29	25:47	19:26				
Overall-Group		Position	237	235	232	229	229	222	225	191	196	194	181	190	191	151	152				
nonFINS		Time of Day	06:31	07:46	09:36	10:19	11:20	12:11	13:02	13:50	14:38	15:09	16:23	17:16	18:57	20:11	21:17				
		Time Cum	02:31	03:46	05:36	06:19	07:20	08:11	09:02	09:50	10:38	11:09	12:23	13:16	14:57	16:11	17:17				
AVG	Males	Time Delta	02:31	01:15	01:50	00:43	01:01	00:51	00:51	00:48	00:48	00:31	01:14	00:53	01:41	01:14	01:06				
Age 16		Pace Cum	11:53	12:13	11:55	12:07	12:01	11:57	12:08	12:00	12:13	12:05	12:17	12:35	13:03	13:16	13:31				
Group M<=19		Pace Delta	11:53	12:56	11:20	13:52	11:31	11:20	14:10	10:40	16:00	09:41	14:31	18:56	18:42	16:27	18:51				
Overall-Group		Position	126	121	105	88	77	66	64	55	55	52	49	51	68	62	71				
nonFINS		Time of Day	06:31	07:46	09:36	10:19	11:20	12:11	13:02	13:50	14:38	15:09	16:23	17:16	18:57	20:11	21:17				
		Time Cum	02:31	03:46	05:36	06:19	07:20	08:11	09:02	09:50	10:38	11:09	12:23	13:16	14:57	16:11	17:17				
MIN	Males	Time Delta	02:31	01:15	01:50	00:43	01:01	00:51	00:51	00:48	00:48	00:31	01:14	00:53	01:41	01:14	01:06				
Age 16		Pace Cum	11:53	12:13	11:55	12:07	12:01	11:57	12:08	12:00	12:13	12:05	12:17	12:35	13:03	13:16	13:31				
Group M<=19		Pace Delta	11:53	12:56	11:20	13:52	11:31	11:20	14:10	10:40	16:00	09:41	14:31	18:56	18:42	16:27	18:51				
Overall-Group		Position	126	121	105	88	77	66	64	55	55	52	49	51	68	62	71				
nonFINS		Time of Day	06:31	07:46	09:36	10:19	11:20	12:11	13:02	13:50	14:38	15:09	16:23	17:16	18:57	20:11	21:17				
		Time Cum	02:31	03:46	05:36	06:19	07:20	08:11	09:02	09:50	10:38	11:09	12:23	13:16	14:57	16:11	17:17				
MAX	Males	Time Delta	02:31	01:15	01:50	00:43	01:01	00:51	00:51	00:48	00:48	00:31	01:14	00:53	01:41	01:14	01:06				
Age 16		Pace Cum	11:53	12:13	11:55	12:07	12:01	11:57	12:08	12:00	12:13	12:05	12:17	12:35	13:03	13:16	13:31				
Group M<=19		Pace Delta	11:53	12:56	11:20	13:52	11:31	11:20	14:10	10:40	16:00	09:41	14:31	18:56	18:42	16:27	18:51				
Overall-Group		Position	126	121	105	88	77	66	64	55	55	52	49	51	68	62	71				
FINS		Time of Day	06:19	07:30	09:24	10:14	11:21	12:24	13:20	14:18	15:01	15:34	16:53	17:41	18:42	20:01	20:44	22:33	23:53	25:53	27:01:24
		Time Cum	02:19	03:30	05:24	06:14	07:21	08:24	09:20	10:18	11:01	11:34	12:53	13:41	14:42	16:01	16:44	18:33	19:53	21:53	23:01:24
AVG	Males	Time Delta	02:19	01:11	01:53	00:49	01:07	01:02	00:56	00:57	00:42	00:33	01:19	00:48	01:00	01:19	00:42	01:49	01:19	02:00	01:08:04
Age 25		Pace Cum	10:57	11:24	11:31	11:57	12:03	12:16	12:33	12:34	12:40	12:32	12:47	12:59	13:08	13:05	13:12	13:23	13:47	13:49	13:49
Group M20-29		Pace Delta	10:57	12:23	11:44	15:58	12:38	13:58	15:47	12:44	14:17	10:18	15:37	17:12	11:12	17:40	12:03	14:13	16:38	19:40	14:29
Overall-Group		Position	84	85	84	88	89	85	86	79	77	74	71	68	65	61	60	56	55	52	50
FINS		Time of Day	06:01	06:58	08:34	09:17	10:14	11:02	11:46	12:36	13:12	13:38	14:45	15:27	16:10	17:23	18:01	19:32	20:42	22:50	24:22:46
		Time Cum	02:01	02:58	04:34	05:17	06:14	07:02	07:46	08:36	09:12	09:38	10:45	11:27	12:10	13:23	14:01	15:32	16:42	18:50	20:22:46
MIN	Males	Time Delta	02:01	00:57	01:33	00:40	00:54	00:48	00:44	00:50	00:36	00:26	01:07	00:42	00:43	01:07	00:38	01:29	01:10	01:43	00:48:38
Age 21		Pace Cum	09:32	09:37	09:43	10:08	10:13	10:16	10:26	10:29	10:34	10:26	10:40	10:51	10:38	10:58	10:58	11:03	11:14	11:51	12:14
Group M20-29		Pace Delta	09:32	09:50	09:35	12:54	10:11	10:40	12:13	11:07	12:00	08:07	13:08	15:00	07:58	14:53	10:51	11:34	14:35	16:53	10:21
Overall-Group		Position	17	15	16	21	23	17	16	13	12	12	11	12	13	12	12	12	13	14	15

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
FINS	Time of Day	07:00	08:37	11:19	12:25	13:47	15:15	16:20	17:30	18:21	19:01	20:25	21:20	22:48	24:32	25:21	27:56	29:40	32:01	33:15:03	
	Time Cum	03:00	04:37	07:19	08:25	09:47	11:15	12:20	13:30	14:21	15:01	16:25	17:20	18:48	20:32	21:21	23:56	25:40	28:01	29:15:03	
MAX	Males	Time Delta	03:00	01:37	02:42	01:06	01:24	01:28	01:13	01:10	00:51	00:40	01:25	00:58	01:28	01:44	00:50	02:35	01:44	02:21	01:32:46
Age 28		Pace Cum	14:10	14:58	15:34	16:08	16:02	16:25	16:33	16:28	16:30	16:16	16:17	16:26	16:25	16:50	16:42	17:01	17:16	17:38	17:33
Group M20-29		Pace Delta	14:10	16:43	16:42	21:17	15:51	19:33	20:17	15:33	17:00	12:30	16:40	20:43	16:18	23:07	14:17	20:08	21:40	23:07	19:44
Overall-Group		Position	231	232	235	235	230	222	223	212	213	206	193	183	176	164	160	150	155	150	149
FINS	Time of Day	06:20	07:32	09:24	10:12	11:18	12:22	13:21	14:20	15:05	15:41	16:55	17:44	18:51	20:19	21:04	23:00	24:25	26:40	27:56:08	
	Time Cum	02:20	03:32	05:24	06:12	07:18	08:22	09:21	10:20	11:05	11:41	12:55	13:44	14:51	16:19	17:04	19:00	20:25	22:40	23:56:08	
AVG	Males	Time Delta	02:20	01:11	01:52	00:48	01:05	01:00	00:58	01:03	00:45	00:34	01:18	00:49	01:01	01:28	00:44	01:55	01:24	02:15	01:15:52
Age 36		Pace Cum	11:06	11:29	11:31	11:55	11:59	12:14	12:33	12:36	12:45	12:39	12:49	13:02	12:58	13:23	13:22	13:31	13:44	14:16	14:22
Group M30-39		Pace Delta	11:06	12:20	11:35	15:30	12:27	13:23	16:14	14:12	15:06	10:54	15:20	17:34	11:25	19:42	12:50	15:02	17:40	22:09	16:09
Overall-Group		Position	92	95	94	93	90	89	90	86	85	81	75	74	74	71	69	64	65	64	63
FINS	Time of Day	05:43	06:30	07:45	08:18	09:01	09:44	10:20	11:07	11:40	12:01	13:00	13:34	14:15	15:30	16:11	17:34	18:35	20:15	21:45:55	
	Time Cum	01:43	02:30	03:45	04:18	05:01	05:44	06:20	07:07	07:40	08:01	09:00	09:34	10:15	11:30	12:11	13:34	14:35	16:15	17:45:55	
MIN	Males	Time Delta	01:43	00:47	01:15	00:33	00:43	00:36	00:47	00:33	00:21	00:53	00:34	00:40	00:57	00:32	01:21	00:58	01:29	00:49:43	
Age 30		Pace Cum	08:07	08:06	07:59	08:15	08:13	08:22	08:30	08:41	08:49	08:41	08:56	09:04	08:57	09:26	09:32	09:39	09:49	10:14	10:40
Group M30-39		Pace Delta	08:07	08:06	07:44	10:39	08:07	09:33	10:00	10:27	11:00	06:34	10:24	12:09	07:24	12:40	09:09	10:31	12:05	14:35	10:35
Overall-Group		Position	1	1	1	1	1	1	1	1	1	1	1	1	1	1	2	3	3	3	3
FINS	Time of Day	07:00	08:22	10:28	11:18	12:36	13:45	15:02	16:15	17:11	18:00	19:44	20:55	22:31	24:47	25:41	27:58	29:41	31:50	33:15:23	
	Time Cum	03:00	04:22	06:28	07:18	08:36	09:45	11:02	12:15	13:11	14:00	15:44	16:55	18:31	20:47	21:41	23:58	25:41	27:50	29:15:23	
MAX	Males	Time Delta	03:00	01:28	02:21	01:10	01:21	01:13	01:27	01:26	00:56	00:49	01:55	01:11	01:36	02:20	01:10	02:50	02:16	03:06	01:58:10
Age 39		Pace Cum	14:10	14:10	13:46	14:00	14:06	14:14	14:49	14:56	15:09	15:10	15:36	16:02	16:10	17:02	16:58	17:02	17:17	17:31	17:33
Group M30-39		Pace Delta	14:10	15:10	14:32	22:35	15:17	16:13	24:10	19:07	18:40	15:19	22:33	25:21	17:47	31:07	20:00	22:05	28:20	30:30	25:09
Overall-Group		Position	231	218	199	186	187	176	193	185	188	185	174	178	174	169	164	151	156	148	150
nonFINS	Time of Day	06:27	07:40	09:38	10:27	11:29	12:34	13:34	14:52	15:44	16:17	18:01	18:56	20:07	21:08	22:07	24:51	26:37			
	Time Cum	02:27	03:40	05:38	06:27	07:29	08:34	09:34	10:52	11:44	12:17	14:01	14:56	16:07	17:08	18:07	20:51	22:37			
AVG	Males	Time Delta	02:27	01:13	01:57	00:48	01:08	01:04	01:00	01:07	00:51	00:39	01:34	00:53	01:14	01:32	00:47	02:46	01:45		
Age 37		Pace Cum	11:35	11:56	12:00	12:22	12:17	12:30	12:51	13:16	13:29	13:19	13:55	14:09	14:05	14:03	14:11	14:50	15:13		
Group M30-39		Pace Delta	11:35	12:42	12:08	15:41	12:56	14:18	16:50	14:58	17:17	12:11	18:32	19:02	13:52	20:32	13:40	21:37	21:59		
Overall-Group		Position	116	114	111	112	101	100	102	105	109	102	110	110	108	86	89	100	100		
nonFINS	Time of Day	05:43	06:30	07:48	08:21	09:10	09:57	10:40	11:31	12:01	12:26	13:24	14:06	14:43	16:09	16:49	23:06	25:15			
	Time Cum	01:43	02:30	03:48	04:21	05:10	05:57	06:40	07:31	08:01	08:26	09:24	10:06	10:43	12:09	12:49	19:06	21:15			
MIN	Males	Time Delta	01:43	00:47	01:18	00:33	00:49	00:47	00:43	00:51	00:30	00:25	00:58	00:41	00:37	01:23	00:40	02:13	01:22		
Age 31		Pace Cum	08:07	08:06	08:05	08:20	08:28	08:41	08:57	09:10	09:13	09:08	09:19	09:34	09:22	09:58	10:02	13:35	14:18		
Group M30-39		Pace Delta	08:07	08:06	08:02	10:39	09:15	10:27	11:57	11:20	10:00	07:49	11:22	14:39	06:51	18:27	11:26	17:16	17:05		
Overall-Group		Position	1	1	3	3	3	3	3	3	3	3	3	3	4	5	5	65	78		
nonFINS	Time of Day	07:05	08:42	11:33	12:38	14:18	15:46	17:02	18:27	19:35	20:23	22:06	23:00	24:49	26:42	27:36	26:37	27:59			
	Time Cum	03:05	04:42	07:33	08:38	10:18	11:46	13:02	14:27	15:35	16:23	18:06	19:00	20:49	22:42	23:36	22:37	23:59			
MAX	Males	Time Delta	03:05	01:37	02:51	01:09	01:40	01:28	01:31	01:41	00:48	02:01	01:04	01:49	01:53	00:54	03:20	02:09			
Age 39		Pace Cum	14:34	15:15	16:04	16:33	16:53	17:11	17:30	17:37	17:55	17:45	17:57	18:01	18:11	18:36	18:28	16:05	16:08		
Group M30-39		Pace Delta	14:34	16:43	17:38	22:15	18:52	19:33	21:07	20:13	33:40	15:00	23:44	22:51	20:11	25:07	15:26	25:58	26:53		
Overall-Group		Position	236	236	238	236	234	227	228	219	219	214	203	198	194	178	173	134	121		

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Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
FINS	Time of Day	06:19	07:29	09:20	10:09	11:18	12:19	13:17	14:25	15:12	15:49	17:10	18:00	19:07	20:37	21:25	23:26	24:54	27:11	28:27:29	
	Time Cum	02:19	03:29	05:20	06:09	07:18	08:19	09:17	10:25	11:12	11:49	13:10	14:00	15:07	16:37	17:25	19:26	20:54	23:11	24:27:29	
AVG	Males	Time Delta	02:19	01:10	01:50	00:48	01:08	01:03	00:58	01:05	00:46	00:36	01:23	00:49	01:04	01:30	00:47	02:00	01:27	02:17	01:15:44
Age 45		Pace Cum	10:58	11:20	11:22	11:48	11:58	12:09	12:29	12:43	12:53	12:48	13:04	13:17	13:12	13:38	13:38	13:49	14:03	14:36	14:40
Group M40-49		Pace Delta	10:58	12:08	11:25	15:44	12:59	14:03	16:14	14:34	15:32	11:33	16:19	17:50	11:53	20:06	13:33	15:43	18:19	22:35	16:07
Overall-Group		Position	86	87	87	89	91	88	88	88	89	86	83	81	80	78	77	71	72	69	69
FINS	Time of Day	05:48	06:42	08:05	08:39	09:28	10:12	10:51	11:39	12:09	12:34	13:34	14:08	14:40	15:41	16:11	17:21	18:21	19:40	20:26:12	
	Time Cum	01:48	02:42	04:05	04:39	05:28	06:12	06:51	07:39	08:09	08:34	09:34	10:08	10:40	11:41	12:11	13:21	14:21	15:40	16:26:12	
MIN	Males	Time Delta	01:48	00:54	01:23	00:34	00:49	00:44	00:39	00:48	00:30	00:25	01:00	00:34	00:32	01:01	00:30	01:10	00:58	01:16	00:46:12
Age 40		Pace Cum	08:30	08:45	08:41	08:55	08:58	09:03	09:12	09:20	09:22	09:17	09:29	09:36	09:19	09:35	09:32	09:29	09:39	09:52	09:52
Group M40-49		Pace Delta	08:30	09:19	08:33	10:58	09:15	09:47	10:50	10:40	10:00	07:49	11:46	12:09	05:56	13:33	08:34	09:05	12:05	12:28	09:50
Overall-Group		Position	7	6	4	4	4	4	5	4	4	4	4	4	3	2	1	1	1	1	1
FINS	Time of Day	06:55	08:26	10:39	11:37	13:10	14:25	15:47	17:00	17:55	18:35	20:20	21:30	22:59	25:12	26:15	29:05	30:10	32:13	33:17:54	
	Time Cum	02:55	04:26	06:39	07:37	09:10	10:25	11:47	13:00	13:55	14:35	16:20	17:30	18:59	21:12	22:15	25:05	26:10	28:13	29:17:54	
MAX	Males	Time Delta	02:55	01:31	02:16	01:25	01:52	01:20	01:22	01:45	00:58	00:57	01:51	01:10	01:29	02:37	01:12	02:50	02:16	03:25	01:41:06
Age 49		Pace Cum	13:47	14:23	14:09	14:36	15:02	15:12	15:49	15:51	16:00	15:48	16:12	16:35	16:35	17:23	17:24	17:50	17:36	17:46	17:35
Group M40-49		Pace Delta	13:47	15:41	14:01	27:25	21:08	17:47	22:47	23:20	19:20	17:49	21:46	25:00	16:29	34:53	20:34	22:05	28:20	33:36	21:31
Overall-Group		Position	218	225	218	213	214	208	210	201	203	197	188	191	184	171	159	158	151	151	151
nonFINS	Time of Day	06:25	07:39	09:37	10:33	11:47	12:50	13:55	14:57	15:58	16:35	18:06	19:25	20:32	21:26	21:58	22:31	24:05	20:43		
	Time Cum	02:25	03:39	05:37	06:33	07:47	08:50	09:55	10:57	11:58	12:35	14:06	15:25	16:32	17:26	17:58	18:31	20:05	16:43		
AVG	Males	Time Delta	02:25	01:13	01:58	00:56	01:12	01:07	01:04	01:15	00:56	00:43	01:40	00:58	01:21	01:51	00:55	01:59	01:34	01:43	
Age 45		Pace Cum	11:28	11:51	11:59	12:35	12:47	12:54	13:19	13:22	13:46	13:38	13:59	14:38	14:27	14:17	14:04	13:10	13:30	10:31	
Group M40-49		Pace Delta	11:28	12:42	12:13	18:07	13:43	15:02	17:59	16:49	18:40	13:30	19:44	21:00	15:01	24:42	15:43	15:27	19:41	16:53	
Overall-Group		Position	113	116	120	124	127	120	123	118	126	126	120	133	129	108	99	74	75	4	
nonFINS	Time of Day	05:43	06:31	07:45	08:18	09:03	09:47	10:29	11:20	11:52	12:20	13:12	13:49	14:31	15:41	16:20	17:50	19:00	20:43		
	Time Cum	01:43	02:31	03:45	04:18	05:03	05:47	06:29	07:20	07:52	08:20	09:12	09:49	10:31	11:41	12:20	13:50	15:00	16:43		
MIN	Males	Time Delta	01:43	00:48	01:14	00:33	00:45	00:44	00:41	00:51	00:32	00:28	00:52	00:37	00:42	01:10	00:39	01:30	01:10	01:43	
Age 40		Pace Cum	08:07	08:10	07:59	08:15	08:17	08:27	08:42	08:57	09:03	09:02	09:07	09:18	09:11	09:35	09:39	09:50	10:05	10:31	
Group M40-49		Pace Delta	08:07	08:17	07:38	10:39	08:29	09:47	11:23	11:20	10:40	08:45	10:12	13:13	07:47	15:33	11:09	11:41	14:35	16:53	
Overall-Group		Position	1	3	1	1	2	2	2	2	2	2	2	2	2	3	4	4	4	4	
nonFINS	Time of Day	06:59	08:25	10:59	12:21	13:47	15:43	17:05	18:30	20:16	18:46	20:32	21:37	23:01	23:45	24:44	27:12	29:11	20:43		
	Time Cum	02:59	04:25	06:59	08:21	09:47	11:43	13:05	14:30	16:16	14:46	16:32	17:37	19:01	19:45	20:44	23:12	25:11	16:43		
MAX	Males	Time Delta	02:59	01:29	02:38	01:52	01:55	02:04	01:31	02:32	01:46	01:08	02:35	01:21	01:57	02:34	01:05	02:28	01:59	01:43	
Age 49		Pace Cum	14:06	14:19	14:51	16:00	16:02	17:06	17:34	17:41	18:42	16:00	16:24	16:42	16:37	16:11	16:13	16:30	16:56	10:31	
Group M40-49		Pace Delta	14:06	15:21	16:17	36:08	21:42	27:33	25:17	33:47	35:20	21:15	30:24	28:56	21:40	34:13	18:34	19:13	24:48	16:53	
Overall-Group		Position	229	223	230	229	230	226	229	220	220	199	195	194	185	157	154	143	146	4	
FINS	Time of Day	06:27	07:43	09:39	10:30	11:40	12:44	13:46	14:55	15:44	16:22	17:43	18:34	19:45	21:29	22:20	24:33	26:05	28:24	29:42:30	
	Time Cum	02:27	03:43	05:39	06:30	07:40	08:44	09:46	10:55	11:44	12:22	13:43	14:34	15:45	17:29	18:20	20:33	22:05	24:24	25:42:30	
AVG	Males	Time Delta	02:27	01:15	01:56	00:51	01:09	01:03	01:02	01:08	00:48	00:38	01:24	00:50	01:06	01:44	00:51	02:09	01:32	02:24	01:17:44
Age 55		Pace Cum	11:39	12:03	12:03	12:29	12:35	12:46	13:07	13:19	13:29	13:24	13:37	13:49	13:45	14:20	14:21	14:37	14:51	15:22	15:25
Group M50-59		Pace Delta	11:39	12:57	12:02	16:29	13:08	14:11	17:17	15:18	16:14	12:00	16:31	18:04	12:23	23:11	14:40	16:51	19:14	23:37	16:32
Overall-Group		Position	117	119	116	114	112	110	110	108	108	105	99	96	97	97	95	89	89	85	84

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
FINS	Time of Day	06:01	06:57	08:30	09:12	10:10	11:03	11:47	12:39	13:17	13:45	14:51	15:31	16:14	17:27	18:04	19:37	20:42	22:45	23:49:34	
	Time Cum	02:01	02:57	04:30	05:12	06:10	07:03	07:47	08:39	09:17	09:45	10:51	11:31	12:14	13:27	14:04	15:37	16:42	18:45	19:49:34	
MIN	Males	Time Delta	02:01	00:56	01:30	00:37	00:53	00:50	00:44	00:50	00:38	00:28	01:06	00:38	00:43	01:12	00:37	01:33	01:05	01:39	00:54:52
Age 50		Pace Cum	09:32	09:34	09:34	09:58	10:07	10:18	10:27	10:33	10:40	10:34	10:46	10:55	10:41	11:01	11:00	11:06	11:14	11:48	11:54
Group M50-59		Pace Delta	09:32	09:39	09:17	11:56	10:00	11:07	12:13	11:07	12:40	08:45	12:56	13:34	07:58	16:00	10:34	12:05	13:33	16:14	11:40
Overall-Group		Position	17	13	14	18	18	18	17	16	15	15	14	15	14	14	13	13	13	13	12
FINS	Time of Day	06:57	08:33	10:56	11:55	13:18	14:39	15:50	17:06	18:01	18:46	20:18	21:20	22:49	25:12	26:07	28:17	29:35	31:45	33:03:27	
	Time Cum	02:57	04:33	06:56	07:55	09:18	10:39	11:50	13:06	14:01	14:46	16:18	17:20	18:49	21:12	22:07	24:17	25:35	27:45	29:03:27	
MAX	Males	Time Delta	02:57	01:36	02:23	01:08	01:23	01:30	01:42	00:55	00:49	01:45	01:02	01:29	03:34	01:16	02:55	02:06	03:04	01:55:26	
Age 59		Pace Cum	13:56	14:45	14:45	15:11	15:15	15:33	15:53	15:59	16:07	16:00	16:10	16:26	16:26	17:23	17:18	17:16	17:13	17:28	17:26
Group M50-59		Pace Delta	13:56	16:33	14:45	21:56	15:40	18:00	22:40	18:20	15:19	20:35	22:09	16:29	47:33	21:43	22:44	26:15	30:10	24:34	
Overall-Group		Position	227	230	228	220	217	213	212	206	199	186	183	178	171	168	154	152	147	146	
nonFINS	Time of Day	06:40	08:02	10:16	11:15	12:34	13:43	15:00	16:12	16:56	17:42	19:18	19:44	21:14	22:05	23:00	25:20	27:15			
	Time Cum	02:40	04:02	06:16	07:15	08:34	09:43	11:00	12:12	12:56	13:42	15:18	15:44	17:14	18:05	19:00	21:20	23:15			
AVG	Males	Time Delta	02:40	01:21	02:13	01:00	01:19	01:13	01:16	01:18	00:54	00:45	01:35	00:57	01:25	01:55	00:44	02:19	01:55		
Age 54		Pace Cum	12:40	13:06	13:21	13:55	14:03	14:12	14:46	14:54	14:50	15:11	14:55	15:03	14:50	14:52	15:09	15:38			
Group M50-59		Pace Delta	12:40	14:05	13:47	19:34	14:56	16:14	21:13	17:23	18:07	14:07	18:43	20:37	15:46	25:36	12:43	18:07	24:04		
Overall-Group		Position	166	164	166	166	167	163	171	164	160	158	150	134	135	107	103	100	112		
nonFINS	Time of Day	06:12	07:13	09:05	09:49	10:52	11:47	12:38	13:30	14:11	14:45	15:59	16:50	17:51	19:13	19:59	22:22	24:36			
	Time Cum	02:12	03:13	05:05	05:49	06:52	07:47	08:38	09:30	10:11	10:45	11:59	12:50	13:51	15:13	15:59	18:22	20:36			
MIN	Males	Time Delta	02:12	01:01	01:42	00:40	01:03	00:55	00:51	00:52	00:41	00:32	01:06	00:48	00:57	01:22	00:43	02:16	01:37		
Age 50		Pace Cum	10:24	10:26	10:49	11:09	11:15	11:22	11:35	11:35	11:42	11:39	11:53	12:10	12:06	12:28	12:30	13:03	13:51		
Group M50-59		Pace Delta	10:24	10:31	10:31	12:54	11:53	12:13	14:10	11:33	13:40	10:00	12:56	17:09	10:33	18:13	12:17	17:40	20:13		
Overall-Group		Position	53	42	52	53	51	49	43	36	34	32	31	33	37	37	39	44	66		
nonFINS	Time of Day	07:11	08:53	11:56	13:14	14:49	15:46	16:36	18:16	18:50	19:40	21:42	22:31	24:35	25:19	26:02	28:18	29:55			
	Time Cum	03:11	04:53	07:56	09:14	10:49	11:46	12:36	14:16	14:50	15:40	17:42	18:31	20:35	21:19	22:02	24:18	25:55			
MAX	Males	Time Delta	03:11	01:44	03:04	01:26	01:51	01:30	01:57	02:06	01:07	00:58	02:13	01:09	02:04	02:28	00:46	02:23	02:14		
Age 59		Pace Cum	15:02	15:50	16:53	17:42	17:44	17:11	16:55	17:24	17:03	16:58	17:33	17:33	17:59	17:28	17:14	17:16	17:26		
Group M50-59		Pace Delta	15:02	17:56	18:58	27:45	20:57	20:00	32:30	28:00	22:20	18:07	26:05	24:39	22:58	32:53	13:09	18:34	27:55		
Overall-Group		Position	240	239	240	238	235	227	226	218	218	213	202	197	193	175	167	155	157		
FINS	Time of Day	06:29	07:45	09:46	10:36	11:47	12:54	13:55	15:03	15:52	16:33	18:01	18:49	19:58	21:33	22:25	24:41	26:19	28:54	30:22:09	
	Time Cum	02:29	03:45	05:46	06:36	07:47	08:54	09:55	11:03	11:52	12:33	14:01	14:49	15:58	17:33	18:25	20:41	22:19	24:54	26:22:09	
AVG	Males	Time Delta	02:29	01:16	02:01	00:50	01:11	01:07	01:00	00:49	00:38	01:27	00:51	01:08	01:34	00:52	02:16	01:38	02:35	01:27:18	
Age 63		Pace Cum	11:45	12:11	12:17	12:40	12:47	13:00	13:19	13:29	13:39	13:36	13:54	14:03	13:57	14:23	14:25	14:43	15:01	15:41	15:49
Group M60-69		Pace Delta	11:45	13:09	12:28	16:13	13:25	15:00	16:46	14:56	16:23	12:07	17:08	18:17	12:46	21:02	14:58	17:40	20:26	25:25	18:34
Overall-Group		Position	125	125	124	122	120	119	118	114	114	112	110	104	104	99	98	93	93	90	92
FINS	Time of Day	06:12	07:17	09:00	09:47	10:45	11:42	12:38	13:29	14:10	14:45	16:02	16:49	17:45	19:08	19:52	21:53	23:20	25:24	26:34:40	
	Time Cum	02:12	03:17	05:00	05:47	06:45	07:42	08:38	09:29	10:10	10:45	12:02	12:49	13:45	15:08	15:52	17:53	19:20	21:24	22:34:40	
MIN	Males	Time Delta	02:12	01:05	01:43	00:44	00:58	00:57	00:52	00:51	00:41	00:35	01:17	00:44	00:56	01:12	00:41	01:48	01:11	01:54	01:00:34
Age 60		Pace Cum	10:24	10:39	10:38	11:05	11:04	11:14	11:35	11:34	11:41	11:39	11:56	12:09	12:01	12:24	12:43	13:00	13:28	13:33	
Group M60-69		Pace Delta	10:24	11:12	10:37	14:12	10:57	12:40	14:27	11:20	13:40	10:56	15:06	15:43	10:22	16:00	11:43	14:02	14:48	18:41	12:53
Overall-Group		Position	53	48	45	50	46	40	43	35	33	32	33	31	33	35	34	34	35	34	33

2006 Vermont 100 Mile Endurance Run -- 07/15/2006

Runner Splits

Checkpoint Name		AS 4	AS 6	AS 9	AS10	AS12	AS14	AS16	AS18	AS19	AS20	AS22	AS23	AS24	AS25	AS26	AS28	AS29	AS31	FINS	
Checkpoint Distance		12.70	18.50	28.20	31.30	36.60	41.10	44.70	49.20	52.20	55.40	60.50	63.30	68.70	73.20	76.70	84.40	89.20	95.30	100.00	
Checkpoint Delta		12.70	5.80	9.70	3.10	5.30	4.50	3.60	4.50	3.00	3.20	5.10	2.80	5.40	4.50	3.50	7.70	4.80	6.10	4.70	
FINS		Time of Day	06:50	08:27	10:38	11:32	12:48	14:00	14:56	16:10	16:57	17:37	18:58	19:56	21:20	23:02	24:00	26:22	28:11	31:08	32:42:38
		Time Cum	02:50	04:27	06:38	07:32	08:48	10:00	10:56	12:10	12:57	13:37	14:58	15:56	17:20	19:02	20:00	22:22	24:11	27:08	28:42:38
MAX	Males	Time Delta	02:50	01:37	02:18	01:00	01:21	01:19	01:09	01:25	01:00	00:48	01:40	00:58	01:25	01:47	01:02	03:03	01:59	03:04	01:46:23
Age 69		Pace Cum	13:23	14:26	14:07	14:26	14:36	14:41	14:50	14:53	14:45	14:51	15:06	15:08	15:39	15:54	16:16	17:05			17:14
Group M60-69		Pace Delta	13:23	16:43	14:14	19:21	15:17	17:33	19:10	18:53	20:00	19:36	20:43	15:44	23:47	17:43	23:46	24:48	30:10		22:38
Overall-Group		Position	206	226	217	209	202	195	180	174	169	163	149	147	151	143	141	128	126	132	137
nonFINS		Time of Day	06:52	08:26	10:54	11:48	13:16	14:27	15:45	16:55	17:52	18:37	20:13	21:04	22:29	24:29	25:00	28:06	29:39	32:14	
		Time Cum	02:52	04:26	06:54	07:48	09:16	10:27	11:45	12:55	13:52	14:37	16:13	17:04	18:29	20:29	21:00	24:06	25:39	28:14	
AVG	Males	Time Delta	02:52	01:34	02:27	01:02	01:27	01:11	01:18	01:15	00:57	00:45	01:36	00:57	01:25	01:52	00:57	02:28	01:33	02:35	
Age 64		Pace Cum	13:33	14:25	14:41	14:58	15:12	15:16	15:47	15:45	15:57	15:51	16:06	16:11	16:09	16:48	16:25	17:08	17:15	17:47	
Group M60-69		Pace Delta	13:33	16:15	15:13	20:04	16:29	15:55	21:40	16:50	19:05	14:04	18:52	20:29	15:48	25:02	16:17	19:13	19:23	25:25	
Overall-Group		Position	212	220	222	216	215	207	209	200	202	196	186	179	176	166	156	153	154	152	
nonFINS		Time of Day	06:41	08:06	10:25	11:20	12:43	13:55	15:00	16:12	17:02	17:45	19:29	20:22	21:41	23:23	24:22	28:06	29:39	32:14	
		Time Cum	02:41	04:06	06:25	07:20	08:43	09:55	11:00	12:12	13:02	13:45	15:29	16:22	17:41	19:23	20:22	24:06	25:39	28:14	
MIN	Males	Time Delta	02:41	01:25	02:18	00:55	01:22	01:03	01:05	01:12	00:50	00:43	01:32	00:53	01:19	01:42	00:55	02:28	01:33	02:35	
Age 60		Pace Cum	12:41	13:18	13:39	14:03	14:17	14:29	14:46	14:53	14:59	14:54	15:21	15:31	15:27	15:53	15:56	17:08	17:15	17:47	
Group M60-69		Pace Delta	12:41	14:39	14:14	17:45	15:28	14:00	18:03	16:00	16:40	13:26	18:02	18:56	14:38	22:40	15:43	19:13	19:23	25:25	
Overall-Group		Position	182	188	197	190	197	187	190	179	180	174	165	163	167	155	150	153	154	152	
nonFINS		Time of Day	07:01	08:33	11:18	12:06	13:31	14:55	16:11	17:18	18:16	19:03	20:35	21:30	22:58	25:22	25:38	28:06	29:39	32:14	
		Time Cum	03:01	04:33	07:18	08:06	09:31	10:55	12:11	13:18	14:16	15:03	16:35	17:30	18:58	21:22	21:38	24:06	25:39	28:14	
MAX	Males	Time Delta	03:01	01:43	02:46	01:06	01:41	01:24	01:32	01:20	01:01	00:47	01:44	01:02	01:29	02:11	00:59	02:28	01:33	02:35	
Age 68		Pace Cum	14:15	14:45	15:32	15:32	15:36	15:56	16:21	16:13	16:24	16:18	16:27	16:35	16:34	17:31	16:55	17:08	17:15	17:47	
Group M60-69		Pace Delta	14:15	17:46	17:07	21:17	19:03	18:40	25:33	17:47	20:20	14:41	20:24	22:09	16:29	29:07	16:51	19:13	19:23	25:25	
Overall-Group		Position	234	230	233	228	221	219	218	210	212	208	197	191	183	176	161	153	154	152	